

## CAP25 Palpitations

The trainee will be able to assess a patient presenting with palpitations to produce a valid differential diagnosis, investigate appropriately, formulate and implement a management plan		
Knowledge	Assessment Methods	GMP Domains
Recall cardiac electrophysiology relevant to ECG interpretation	E, C, Mi, ACAT	1
Recall common causes of palpitations	E, C, Mi, ACAT	1
Recall the categories of arrhythmias	E, C, Mi, ACAT	1
Recall common arrhythmogenic factors including drugs	E, C, Mi, ACAT	1
Recall the indications, contraindications and side effects of the commonly used anti-arrhythmic medications and indications for pacing	E, C, Mi, ACAT	1
Demonstrate knowledge of the management of atrial fibrillation (NICE guidelines)	E, C, Mi, ACAT	1
Skills		
Elucidate nature of patient's complaint	Mi, C	1
Order, interpret and act on initial investigations appropriately: ECG, blood tests	Mi, C	1
Recognise and commence initial treatment of arrhythmias being poorly tolerated by patient (peri-arrest arrhythmias) as per UK Resuscitation Council guidelines	Mi, C	1
Be able to perform carotid sinus massage, DC cardioversion and external pacing safely	D	1
Ensure appropriate monitoring of patient on ward	Mi, C	2
Management of newly presented non-compromised patients with arrhythmias	Mi, C	1
Behaviour		
Consult senior colleagues promptly when required	ACAT, C	3
Advise on lifestyle measures to prevent palpitations when appropriate	ACAT, C, PS	3