

### CAP4 Aggressive/disturbed behaviour

The trainee will be competent in predicting and preventing aggressive and disturbed behaviour, use safe physical restraint and chemical sedation, investigate appropriately and liaise with the mental health team.		
Knowledge	Assessment Methods	GMP Domains
Know the factors that predict aggressive behaviour: personal history, alcohol and substance abuse, delirium	E, C, Mi, ACAT	1
Define and characterize psychosis and know the common causes	E, C, Mi, ACAT	1
Know the indications, contraindications and side effects of tranquillisers Know de-escalation techniques that can be used to prevent violent behaviour	E, C, Mi, ACAT	1
Know the legal framework for authorizing interventions in the management of the disturbed or violent patient	E, C, Mi, ACAT	1
Skills		
Ensure appropriate environment and support staff	C	1
Assess fully including mental state examination and produce valid differential diagnosis	Mi, C, D	1
Undertake and interpret appropriate investigations	C	1
Produce safe rapid tranquillisation if indicated as defined in national guidelines with appropriate monitoring	Mi, C	1
Behaviour		
Treat acutely disturbed patient with respect and dignity	ACAT, M	2, 4
Liaise promptly with psychiatric services	ACAT, M	3