

CMP1 Anaphylaxis

The trainee will be able to identify patients with anaphylactic shock, assess their clinical state, produce a list of appropriate differential diagnoses, initiate immediate resuscitation and management and organise further investigations		
Knowledge	Assessment Methods	GMP Domains
Identify physiological perturbations causing anaphylactic shock	E, C, Mi, ACAT	1
Recognise clinical manifestations of anaphylactic shock	E, C, Mi, ACAT	1
Elucidate causes of anaphylactic shock	E, C, Mi, ACAT	1
Know anaphylaxis guidelines	E, C, Mi, ACAT	1
Define follow-up pathways after acute resuscitation	E, C, Mi, ACAT	1
Skills		
Recognise clinical consequences of acute anaphylaxis	Mi, C, S	1
Perform immediate physical assessment (laryngeal oedema, bronchospasm, hypotension)	Mi, C, D, S	1
Institute resuscitation (adrenaline/epinephrine), oxygen, IV access, fluids)	Mi, C, D, S	1
Arrange monitoring of relevant indices	Mi, C, S	1
Order, interpret and act on initial investigations (tryptase, C1 esterase inhibitor etc.)	Mi, C	1
Be an ALS provider	L	1
Behaviour		
Exhibit a calm and methodical approach	ACAT, C, Mi, S	3
Adopt leadership role where appropriate	ACAT, C, Mi, S	2,4
Involve senior and specialist allergy services promptly	ACAT, C, Mi, S	2, 3