

## CC2 Clinical examination

<p>To progressively develop the ability to perform focused and accurate clinical examination in increasingly complex patients and challenging circumstances</p> <p>To relate physical findings to history in order to establish diagnosis and formulate a management plan</p>		
Knowledge	Assessment Methods	GMP Domains
Understand the need for a valid clinical examination	E, Mi, C, ACAT	1
Understand the basis for clinical signs and the relevance of positive and negative physical signs	E, Mi, C, ACAT	1
Recognise constraints to performing physical examination and strategies that may be used to overcome them	E, Mi, C, ACAT	1
Recognise the limitations of physical examination and the need for adjunctive forms of assessment to confirm diagnosis	E, Mi, C, ACAT	1
Skills		
Perform an examination relevant to the presentation and risk factors that is valid, targeted and time-efficient	E, Mi, C, ACAT	1
Recognise the possibility of deliberate harm in vulnerable patients and report to appropriate agencies	E, Mi, C, ACAT	1, 2
Interpret findings from the history, physical examination and mental state examination, appreciating the importance of clinical, psychological, religious, social and cultural factors	Mi, C	1
Actively elicit important clinical findings	E, Mi, C, ACAT	1
Perform relevant adjunctive examinations	E, Mi, C, ACAT	1
Behaviours		
Show respect and behaves in accordance with <i>Good Medical Practice</i>	Mi, C, PS	1, 4

<b>Level Descriptor</b>	
1	<p>Performs, accurately records and describes findings from basic physical examination</p> <p>Elicits most important physical signs</p> <p>Uses and interprets findings adjuncts to basic examination e.g. internal examination, blood pressure measurement, pulse oximetry, peak flow</p>
2	<p>Performs focused clinical examination directed to presenting complaint e.g. cardio-respiratory, abdominal pain</p> <p>Actively seeks and elicits relevant positive and negative signs</p> <p>Uses and interprets findings from adjuncts to basic examination e.g. electrocardiography, spirometry, ankle brachial pressure index</p>
3	<p>Performs and interprets relevance advanced focused clinical examination e.g. assessment of less common joints, neurological examination</p> <p>Elicits subtle findings</p> <p>Uses and interprets findings of advanced adjuncts to basic examination e.g. sigmoidoscopy, FAST ultrasound, echocardiography</p>
4	<p>Rapidly and accurately performs and interprets focused clinical examination in challenging circumstances e.g. acute medical or surgical emergency</p>
<b>Emergency department context</b>	
1	<p>Able to effectively examine patients in all non-critical situations</p>
2	<p>Adapts examination technique to the clinical situation</p> <p>Recognise common examination findings that confirm the diagnosis in common emergency situations</p>
3	<p>Able to examine patients whilst undertaking resuscitation</p>
4	<p>Able to examine children of all ages, and to conduct examination of patients with language or other communication difficulties</p> <p>Support the development and refinement of examination skills in trainees and other healthcare practitioners</p>

<b>Leadership</b>	Specialty trainees should demonstrate competence in all elements of domains, with some evidence in setting direction
Demonstrating personal qualities	Conducts examination sympathetically, respecting the privacy and culture of others
Working with others	Provides role modelling for complete examination within the ED Participates in notes review with colleagues to reflect on examination skills
Managing the service	Adapts examination style in response to surges in activity or acuity of patients
Improving services	Conducts Mini-CEX and provides feedback to enhance the skills of others **
Setting direction	Ensures adequate equipment to provide adjuncts to clinical examination – including auroscopes, ophthalmoscopes etc Develops processes for ensuring equipment is available and in working condition *