

CAP28 Rash

The trainee will be able assess a patient presenting with an acute-onset skin rash and common skin problems to produce a valid differential diagnosis, investigate appropriately, formulate and implement a management plan		
Knowledge	Assessment Methods	GMP Domains
Recall the characteristic lesions found in the acute presentation of common skin diseases e.g. cellulitis, erysipelas, impetigo, cutaneous drug reactions, purpuric rashes, skin malignancies	E, C, Mi, ACAT	1
To be able to identify the life-threatening dermatological emergencies, know their causes and emergency management including but not limited to: toxic epidermal necrolysis, Stevens-Johnson syndrome, erythroderma, necrotizing fasciitis	E, C, Mi, ACAT	1
Know the common and serious causes of skin and mouth ulceration	E, C, Mi, ACAT	1
Know the causes of and treatments for pruritus	E, C, Mi, ACAT	1
Recall basic investigations to establish aetiology	E, C, Mi, ACAT	1
Recall risk factors, particularly drugs, infectious agents and allergens	E, C, Mi, ACAT	1
Recall possible medical treatments	E, C, Mi, ACAT	1
Skills		
Take a thorough focused history & conduct a detailed examination, including the nails, scalp and mucosae to arrive at appropriate differential diagnoses	E, Mi, C	1
Recognise the importance of a detailed drug history	E, Mi, C	1
Recognise likely skin and oral malignancy	E, Mi	1
Recognise that anaphylaxis may be a cause of an acute skin rash	Mi, C	1
Order, interpret and act on initial investigations appropriately to establish aetiology	E, Mi, C	1

Implement acute medical care when indicated by patient presentation / initial investigations Identify those patients who are systemically unwell and require admission	Mi, C	1
Behaviour		
Demonstrate sympathy and understanding of patients' concerns due to the cosmetic impact of skin disease	ACAT, C	4
Engage the patient in the management of their condition particularly with regard to topical treatments	ACAT, C	3, 4
Reassure the patient about the long term prognosis and lack of transmissibility of most skin diseases	ACAT, C	3
Know when to liaise with dermatological specialists early for serious conditions	ACAT, C	2, 3